



# COMPLETE *Packing* GUIDE

## Clothing

### UNDER

- Underwear
- Bras
- Socks
- Tights
- Undershirts

### TOPS

- Tanks
- T-shirts
- Long sleeves
- Fancy tops
- Dresses

### BOTTOMS

- Shorts
- Skirts
- Pants/Slacks
- Jeans
- Leggings

### OVER

- Sweater
- Hoodie
- Jacket
- Blazer
- Coat
- Gloves
- Scarves
- Hat

### FOOTWEAR

- Gym shoes
- Sandals
- Flats
- Dress shoes
- Boots
- Slippers

### OTHER

- Swimwear
- Coverup
- Loungewear
- Pajamas
- Workout

## Accessories

### JEWELRY

- Bracelets
- Rings
- Necklaces
- Watch

### OTHER

- Hats
- Sunglasses
- Purse
- Belts
- Shawl

## Toiletries

### SHOWER

- Soap
- Washcloths
- Shampoo
- Conditioner
- Shave cream
- Razor

### POST SHOWER

- Lotion/Moisturizer
- Deodorant
- Perfume/Cologne

### DENTAL

- Toothbrush
- Toothpaste
- Floss

### FACE

- Makeup
- Makeup remover

### HAIR

- Brush/comb
- Hair hot tools
- Hair products
- Hair ties/clips

### NAILS

- Nail clippers
- Nail file
- Nail polish

### ETC

- Pads/Tampons/Liners
- Baby powder
- Sunblock

## Necessities

- Passport
- Wallet
- ID
- Medication
- Keys
- Tickets
- Local Currency

## Additional

- Hand sanitizer
- Sleep mask
- Umbrella
- Pillow
- Earplugs
- Sewing kit
- First Aid kit
- Games
- Books/magazines
- Notepad
- Pens/makers
- Coloring book
- Word search/puzzle
- Snacks
- Gum
- Empty water bottle
- Laundry bag for dirty clothes
- MEDICATION**
- Advil/Tylenol/Ibuprofen
- Allergy
- Upset stomach

## Electronics

- Phone
- Tablet
- Computer
- Headphones
- Chargers
- Adapters
- Portable charger
- Watch
- Camera
- Camera Accessories







# BEFORE *You* LEAVE

## Documents

### **EXPIRATION DATES**

- Drivers License
- Passport
- Debit/Credit cards
- Event tickets
- Check into flights
- Confirm reservations

## House

- Stop mail
- Check smoke detectors
- Close windows/shades
- Clean counters
- Leave contact information
- Put spare keys in place
- Run dishwasher
- Adjust thermostat
- Lock windows & doors
- Empty washer & dryer
- Water plants
- Put safety sticker on window
- Set alarm system
- Reschedule any maintenance
- Unplug any appliances

## Money

- Get cash/currency for trip
- Notify bank of vacation
- Leave cash for any caregivers
- Change phone plan if international
- Put bills on autopay
- Finalize any rental info for trip
- Refill any medications

## Personal Care

- Get nails done
- Get hair done
- Wax/shave
- Face mask

## Pets

- Set up animal care
- Leave care instructions
- Ensure pet food is replenished
- Leave vet information
- Pick up dog waste outside
- Double check safety of toys
- Put leashes/collars/harnesses up



# ONCE *You're* BACK

## Documents

Put important documents away

## House

Open windows for fresh air  
Wash laundry from trip  
Unpack bags  
Charge devices  
Pour boiling water down drains  
Remove any perished foods  
Vacuum  
Check plants

## Organize

Ensure devices are backed up

Collect:

- Share photos from trip to a group shared cloud/library
- Save photos and videos to labelled folders

## Money

Exchange any foreign currency  
Review bank statements for:

- Double charges
- Incorrect charges

Let your bank know you've returned

Turn off international phone plan

## Personal Care

Take a shower  
Drink plenty of water  
Take multivitamins  
Relax & rest