MY BIZZY KITCHEN

The Official Newsletter of My Bizzy Kitchen





GREECE 2022!

If you are new here - welcome! I have a cookbook that recently came out. You can download a copy, you can enter this into your browser:

https://gumroad.com/mybizzykitchen We thank you for your support!



I already have 9 amazing people signed up for my Greece trip and I can't wait! There is only (1) spot left to save \$200, so the next person to sign up will be the last person to receive the discount.

As a big thank you and a special holiday gift from me to you, for everyone that has booked a spot on my trip before the end of the year, I will be hosting an exclusive virtual cooking event in February (stay tuned for more details!) and I will also be giving each person a signed copy of my new cookbook coming out in January!

FAQ's: Are single people going?

Yes! And by yes I mean not only are single people going, but also couples where only the wife is going and leaving their hubby's behind - ha!

FAQ's: What about COVID restrictions?

As of now, travel to Germany is approved, but please click the link on the last page as Trova Trip answers all your questions about cancellations, etc.

FAQ's: Do I have to pay everything up front?

Nope! Just 25% down to reserve your spot. The rest is due 60 days before travel. Side note: Airfare is additional cost.



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CANDY CANE CHEESE DANISH

If you haven't tried out the seasonal flavors of Safe + Fair Granolas, you have to check them out. Candy Cane and Gingerbread are amazing. I posted a gingerbread biscotti the other day, and this week I'll be making a Candy Cane biscotti.

So if you want to try these products out, just use my code Biz20 to save 20% off your order. The bundle for the granolas is only \$13 before my discount. Yes, they are 5 WW points, but only 120 calories per 1/3 cup - it's the lowest calorie and still delicious granola out there.

Be sure to make extra <u>skinny pizza dough</u> to make these danishes!

6 ounces skinny pizza dough
30 grams of Safe + Fair chocolate candy cane granola
1.5 teaspoons softened butter, divided
.75 ounce @alouette Brie, divided
9 ounces canned no sugar added cherry pie filling
1 egg yolk mixed with a teaspoon water for egg wash
1 teaspoon raw sugar

Instructions

Heat oven to 375. For each danish:

2 ounces dough mixed with 1/2 teaspoon teaspoon of softened butter, and 10 grams of the granola. Roll out into a 5 ounce circle.

Place .25 ounces of the brie in the center, top with 3 ounces of the cherry pie filling and fold up.

Brush with egg wash, sprinkle with a bit of raw sugar, and bake for 15-17 minutes. Glaze optional.



On all WW plans, this comes in at 5 points.

Looking for an easy holiday dessert?

<u>Check out my minicherry pies</u> - it uses refrigerated pie dough!



Follow my blog <u>My Bizzy</u>
<u>Kitchen</u>
Follow my <u>YouTube Channel</u>
Follow my <u>Instagram</u>

LIFE

Last Monday I had the pleasure of meeting two sisters who are followers of mine and in town for a visit.

They asked months ago if I could meet them for lunch and I did not hesitate to say yes.

It was the first time I took the train to downtown Chicago since March of 2020. While the temps were in the 30's when my day started, it got REALLY cold and windy by the end of the day. At one point Jodi, Karen and I were walking for three blocks and didn't mutter a word because it was so cold. Let's just say I don't miss that now that I work for myself at home.

We went to <u>Gibson's Italia</u>, which I'd never been to before. The service was excellent, the food delicious and it was fun getting to know Jodi and Karen better.

We went to the Christmas Market for a little bit before they had to head back and catch an Uber to the airport. I would have stayed downtown longer to shop or walk around, but the weather wasn't in my favor. So fun though!

Mom and I had dinner out Saturday night and enjoyed a holiday concert that was virtual last year. While masks were required (for the singers too!) it was delightful. Some of the in between dialogue was kind of hard to hear because of the masks, but it was a bit of normalcy this holiday season.

We are only two weeks away from Christmas! I am not going crazy on gifts this year, and am pretty much done, just need to get some wrapping done.

Until next time, be well!

PHOTOS:

The view from Gibson's Italia
Filet Mignon Sliders at Gibson's
The best Brussels Sprouts at Gibson's
Holiday Concert at First United in Oak Park











MY BIZZY KITCHEN DISCOUNT CODES NOVEMBER

If you have been on the fence about Butcher Box, from now until December 26, you get 1 pack of bacon for free in every order for the life of your membership AND save \$20 off each box for the first 5 months of membership!

To claim that offer, click here.

GoHydrate - IS BACK IN STOCK! Bizzy is the code to save you 10% - it's the only way I drink water. It has electrolytes AND Vitamin D! <u>Click here to order.</u>

HuKitchen Chocolate Gems are some of the best chocolate I've ever tasted. Right now you can save 20% using code Biz on the variety snacking gems in these flavors: salty, mint and simple. So good for snacking when you have a sweet tooth or add them to your baked goods. <u>Click here to order.</u>

BRANCH BASICS! I am shouting because they have become my favorite cleaning products. They provide a concentrate, and they tell you how much concentrate to add to your spray bottles - from all purpose, to bathroom, etc.

The window/mirror streak free cleaner is crazy. You only need ONE DROP of the concentrate for the whole sprayer. I cleaned the shelves of my refrigerator and my fridge has never looked cleaner.

I also used it for the doors of my wood burning stove. I had forgotten there was an etched drawing in one of the doors! I just sprayed the streak free cleaner and let it sit 10 minutes, and it wiped away like butter. (see the before and after in the side bar!)

<u>Use this link</u> and my discount code to save 15% off the starter pack (other than trial) and thank me later. You'll love this stuff! Discount code: mybizzykitchen

nutreat!

Nutreat is my new favorite treat. I used to be team salty all the way, but when I want a sweet treat, I reach for NuTreat. It is line of low glycemic, fiber-rich puddings that have been clinically proven to keep your blood sugars in check while helping your gut health. And they are delicious! Click this link to try them and get free shipping using code: mybizzykitchen







COME TO GREECE WITH ME!

I will be going to Greece on

October 13 - 20, 2022

and I want to take you with me!

NINE PEOPLE HAVE ALREADY SIGNED UP!



Here is the official link to get all the information from trip details, refunds, COVID restrictions, etc. If you have any questions, please shoot me an email at mybizzykitchen@gmail.com